

LiveWell Newsletter

WHAT IS FOOD INSECURITY?



“Food insecurity is defined as the disruption of food intake or eating patterns because of lack of money and other resources.”

The CINO Pantry is a free food pantry open to all CCU students, faculty, and staff.

Visitors do not need to qualify or meet any requirements to use the pantry!



WHAT TO EXPECT?

The Pantry is completely supplied through donations from the campus and community.

The CINO Pantry is stocked with nonperishable food items and hygiene products. Aramark has now partnered with the Pantry to supply refrigerated foods as well!

The CINO Pantry now has CINO Card swipe access! Just swipe your CINO Card any time during Student Union operating hours.

Sunday	Noon - 8 p.m
Monday - Thursday	8 a.m - 8 p.m
Friday	8 a.m - 11 p.m
Saturday	Noon - 11 p.m

If you are interested in donating or visiting, please [CLICK HERE](#) to check out our website for more details.



Questions about the Pantry? Contact Amelia Carte (acarte@coastal.edu)
 Questions about Nurtrition? Contact Molly Ford (ford-molly@aramark.com)

Follow us on social media!

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